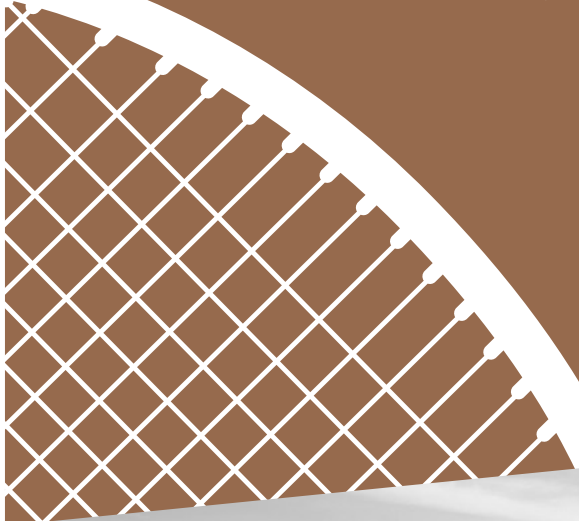


RACQUET SPORTS

AT THE CLUB AT FLYING HORSE

Our racquets program offers many fun, exciting play opportunities for tennis and pickleball. Whether you're looking for cardio, social interaction, a better understanding of the game, or looking to become an elite player, we are the club for you!



THE CLUB
AT FLYING HORSE[®]

Front Desk: 719-494-1222 Kelly Baker: 719-487-2606 Jon Lansing: 719-487-2626

1880 WEISKOPF POINT COLORADO SPRINGS, CO 80921 | FLYINGHORSECLUB.COM

Registration



Name of Program(s)

Sessions

Dates Absent

Amount Paid:

Contact Info

Name: _____

Email: _____

Phone: _____

Member Number:

Credit Card Info (For Non-Members)

Card #: _____

Card Type: _____ Exp: _____

CVV: _____ Zip: _____

Signature _____

MEMBERS:

If you are a Member, please email: kbaker@flyinghorseclub.com to confirm registration for you/your child.

NON-MEMBERS:

If you are a Non-Member, **you must** fill out your contact and credit card information **before** attending any classes. Email your information to Kelly Baker or you may drop off your information in-person at the Athletic Club.

Signature or Signature of Guardian

Date



THE CLUB
AT FLYING HORSE[®]

Tennis

**RACQUET
SPORTS**

We love tennis and we love our members and guests who come stay and play with us. Tennis is a passion for our staff and we strive to make each experience at our club a memorable one.

We have something for all ages and levels, whether the tournament player or high level junior looking to get to the next level, or the new player, simply looking to live a longer, healthier life. Our friendly, knowledgeable pros will send you in the right direction on your tennis journey!

Sign up for sessions and individual classes will be available on SignUpGenius.

JUNIOR SIGN-UP: FlyingHorseClub.com/JuniorTennisSignup

ADULT SIGN-UP: FlyingHorseClub.com/AdultTennisSignup

Weekly scheduled Flying Horse Club clinics for adults and juniors will be set at a rate of:

- **\$24 per 60 minutes**
- **\$36 per 90 minutes**
(with the exception of red ball)

Sign up for the month and save over 10%!

JUNIOR & ADULT Monthly Tennis Sessions 2023*

Session 1 Jan 2 - 31	Session 2 Feb 1 - 28	Session 3 March 1 - 24 Single clinic rate applies	BREAK Spring Break March 25 - April 2
Session 4 April 3 - 30	Session 5 May 1 - 29	BREAK End of School May 30-June 4	Session 6 June 5 - 30
Session 7 July 1 - 31	Session 8 Aug 1 - 31	Session 9 Sept 1 - 30	Session 10 Oct 1 -31
Session 11 Nov 1 - 17 Single clinic rate applies	BREAK Thanksgiving Nov 18 - Nov 26	Session 12 Dec 1 - 23 Single clinic rate applies	BREAK New Year Dec 23rd - Jan 2nd

JUNIOR & ADULT TENNIS PROGRAMS

*If you sign up for a Full Session, you are expected to be present at every drill. If you miss any days that session, you will be charged a drop-in rate instead of the discounted session rate.

**More details on Summer Tennis Programing coming in March 2023.

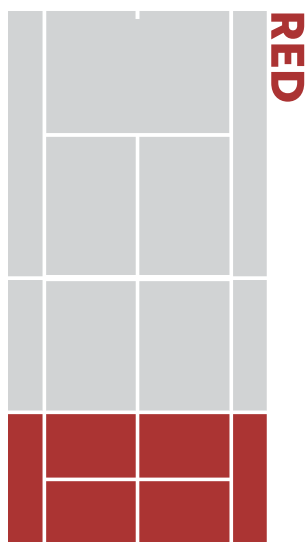
JUNIOR TENNIS



Understanding

ROGGY

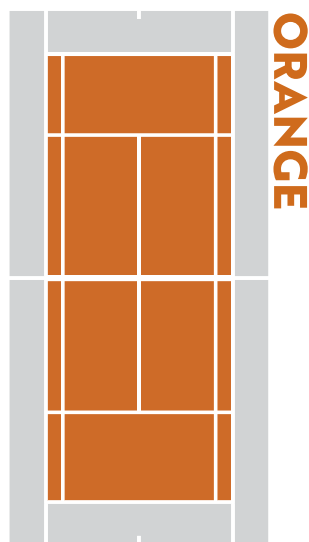
A quick look at
Color Ball Training from the
United States Tennis Association



BALL COLOR:
RED

COURT SIZE:
36' x 18'

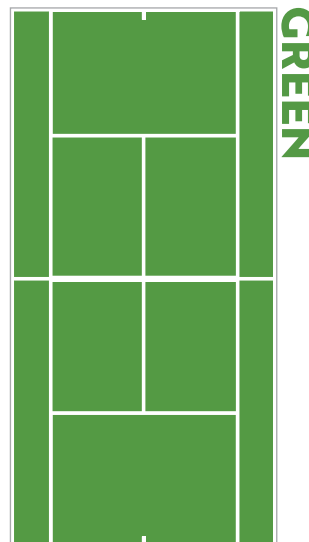
BENEFITS:
Lower Bounce and slow ball travel give players time and opportunity to take good swings.



BALL COLOR:
ORANGE

COURT SIZE:
60' x 21' Singles
60' x 27' Doubles

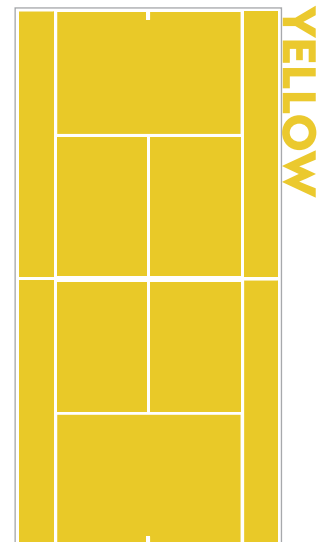
BENEFITS:
Balls move faster than Red but slower than Green and on a larger but fun and manageable court



BALL COLOR:
GREEN

COURT SIZE:
78' x 27' Singles
78' x 36' Doubles

BENEFITS:
Same size as the Full Yellow Court but with a green ball with a lower compression providing a slower bounce.



BALL COLOR:
YELLOW

COURT SIZE:
78' x 27' Singles
78' x 36' Doubles

Welcome to what most would refer to as traditional tennis with the court, raquets, and balls used in most adult matches and professional play.



RED BALL

Little Lobbers

We will work with building hand-eye coordination through fun games and activities, we also begin to introduce grip, swing and stance

Ages: 4 - 6

Days: Mondays & Wednesdays

Time: 4:15 - 4:45pm

Member Price:

\$18 per class | \$120 month

Non-Member Price:

\$28 per class (*drop-in only*)



ORANGE BALL

Future Stars

We work with developing footwork, grip and stance structure, as well as stroke production, in a fun, games based atmosphere. We are developing the ability to rally in this class.

Ages: 7 - 10

Days: Mondays & Wednesdays

Time: 4:45-5:45pm

Member Price:

\$24 per class | \$168 month

Non-Member Price:

\$34 per class (*drop-in only*)



GREEN BALL

Tourney Prep

These players are beginning to use strategy, are learning to serve and keep score, and can rally from the baseline.

Ages: 11 - 13

Days: Tuesdays & Thursdays

Time: 4:15-5:30pm

Member Price:

\$30 per class | \$202 month

Non-Member Price:

\$40 per class (*drop-in only*)



YELLOW BALL

Jr. High & High School

These players are possibly playing JV for their HS teams or are aspiring to play L-7(novice) tournaments. They can generally serve, rally and keep score, and are able to do self directed play.

Ages: 14+

Days: Tuesdays & Thursdays

Time: 5:30-7pm

Member Price:

\$36 per class | \$260 month

Non-Member Price:

\$46 per class (*drop-in only*)

Elite

These players are on the Varsity, L-6 and above pathway. Most of these players are playing 4-5 days a week, are taking private lessons and are involved in match play/tournament play 2 weekends a month.

Ages: 12+

Days: Mon., Wed. & Fridays

Time: Mon. & Wed 5:45-7:15pm

MATCH PLAY

Fridays 4:30-6pm

Member Price:

\$36 per class | \$378 month

Non-Member Price:

\$46 per class (*drop-in only*)

JUNIOR TEAM TENNIS

Junior Team Tennis is an 8 week program of practices and match play for all kids, ages 8 - 18 who want to play in a team atmosphere.

Teams are comprised of players of similar gender, age and skill. They compete with other teams from the same geographic region in one of four divisions: 10 & Under, 12 & Under, 14 & Under, and 18 & Under.

Within these age divisions there are levels for beginner, intermediate, and advanced players.

The age division cut-off is the age of the player as of August 8, 2023. The format for Team Tennis is 2 singles and 1 doubles.

Pricing includes team shirt. Come join us for another exciting year of Junior Team Tennis!

Member Price: TBD

Non-Member Price: TBD



IMPORTANT JUNIOR CLINIC NOTES:

- Note that the amount of classes in some sessions vary according to the calendar month.
- Missed classes will not be prorated for monthly signups.
- Classes may be made up in any lower level class.

**BEG
INNER+**

LEARN TO PLAY

This is a class designed to get players started or back into the game after a hiatus. Emphasis is placed on fundamentals and joy of hitting the ball. All the while getting a good dose of cardio!

Days: Tuesdays & Wednesdays

Times: Tuesday 7 - 8pm

Wednesday 9 - 10:30am

Member Price: Tues. \$24 | Wed. \$36

Non-Member: Tues. \$34 | Wed. \$46

LADIES NIGHT OUT

"Oh yes, it's Ladies Night and the feeling's right!" Lets do a little drilling, and play a lot of tennis! You'll receive instruction and coaching, so for all the ladies who want to feel special, this is your night!

Days: Wednesdays

Time: 7:15- 8:45pm

Member Price: \$36

Non-Member Price: \$46

GUYS NIGHT OUT

Time for some male bonding! Men, this one's just for you. You'll receive instruction and coaching. Where guys can be guys!

Days: Thursdays

Time: 7 - 8:30Pm

Member Price: \$36

Non-Member Price: \$46

2.5+

STROKE OF THE WEEK

This clinic will be a combo of drill with repetition followed by point play, whether live ball or actual sets or games depending on the number of people in the clinic.

Days: Fridays | **Time:** 9 - 10:30am | **Member Price:** \$36 | **Non-Member Price:** \$46

3.0+

CARDIO

A heart pumping fast paced, calorie burning 90 minute session of live ball and drilling.

Days: Mondays | **Time:** 9 - 10:30am

Member Price: \$36

Non-Member Price: \$46

STROKE & STRATEGY

This clinic takes a little more time to describe strategy and stroke corrections. We will do some drilling with feeding as well as live ball with correction.

Days: Thursdays | **Time:** 9 - 10:30am

Member Price: \$36

Non-Member Price: \$46

3.5+

LIVE BALL

A doubles point play clinic that is fast paced, emphasizes movement, teamwork and shot selection. Not for the faint of heart, these classes can burn 4-800 calories for a 1.5 hour class.

Day: Tuesdays | **Time:** 8:30 - 10am

_____ OR _____

Day: Saturdays | **Time:** 10 - 11:30am

Member Price: \$36

Non-Member Price: \$46

STROKE & STRATEGY

This clinic takes a little more time to describe strategy and stroke corrections. We will do some drilling with feeding as well as live ball with correction.

Days: Saturdays | **Time:** 9 - 10am

Member Price: \$24

Non-Member Price: \$34



IMPORTANT ADULT CLINIC NOTES:

- Adult members may purchase monthly clinic packages. The package must be used in the month of signup, and may not be rolled over into the following month.
- Packages are non-transferable, sold on an individual basis and may not be shared by family members or friends.
- A package of 8 1.5 hour clinics is \$252 per month. Additional clinics attended above the 8 clinic package will be billed at \$31.50 per class.

ADULT SOCIAL EVENTS

2023

Adult social tennis activities are an integral part of our program at the Flying Horse Club with different themes matching the seasonal vibe. Costs apply for each event, inquire for details.

JANUARY

20

**Century
Tourney!**

FEBRUARY

17

**Doubles
Shootout**
"Love Doubles"

MARCH

17

Wearin' the Green
Tennis Social with
Round Robin
Green Beer & Costume Party

APRIL

21

**Progeny
Doubles**
Family Tennis Day

MAY

29

**Memorial Day
Round Robin**

JUNE

16

Dinks & Drinks
Pickleball/Tennis Social

JULY

21

**Wimbledon
Woods & Whites**
with Strawberries
and Cream

AUGUST

18

US Open Ladies
Member/Guest

SEPTEMBER

15

80's Night

OCTOBER

20

**Halloween/
Susan G. Komen**

NOVEMBER

17

TurkeyBurn

DECEMBER

15

**Christmas
Ugly Sweater
Social**

Pickleball

**RACQUET
SPORTS**

Why Pickleball?

- Small court size, but still a great workout
- Due to the more intimate setting, it is a very social sport, with frequent interaction
- Fast paced test of hand-eye coordination
- Easy on the body
- Satisfies cardio goals
- Simple, steep learning curve, only takes a few matches to be able to play
- Perfect for people of all ages to enjoy
- Pickleball was designed with family enjoyment in mind, great family activity

Come learn the fastest growing sport in the world with our Pickleball professionals!

Pickleball has come a long way since its humble beginnings in the backyard of a Whidbey Island home in San Juan Islands of Washington State back in the 60s. For decades, the sport existed in PE classes and other small venues until it started gaining national recognition in the early 2000s. Initially a sport played mostly by the “boomer” generation, pickleball has evolved and gained a wide acceptance due to its steep learning curve, social and physical benefits, and the inclusiveness of the sport’s culture.

Today, you will see elite athletes cross training via pickleball and many racquet sports aficionados trading their racquets for paddles. It is truly a sport for all ages and athletic abilities. Now let one of our skilled Pickleball coaches guide you into this new journey!

SOCIAL EVENTS - DINKS & DRINKS

Jan. 27th, March 24th, May 26th, July 28th, Sept. 22nd, & Nov. 24th

Enjoy a spirited round-robin with Men’s, Women’s, and Mixed Doubles with Member charge libations provided. (2 Hours)

Member Price: \$15 | **Non-Member Price:** \$20

Monthly Intro to Pickleball Clinics | 11 - 12:30 pm

Clinic 1 January 6th	Clinic 2 February 3rd	Clinic 3 March 3rd	Clinic 4 April 7th
Clinic 5 May 5th	Clinic 6 June 2nd	Clinic 7 July 7th	Clinic 8 August 4th
Clinic 9 September 1st	Clinic 10 October 6th	Clinic 11 November 3rd	Clinic 12 December 1st

Monthly scheduled Flying Horse Club clinics will be set at a rate of \$36.

To sign up for clinics or events please contact Kelly Baker at: kbaker@FlyingHorseClub.com

*2023 Pickleball Tournament schedule TBD. Contact your racquet sports professional for more information.

Additional Services

**RACQUET
SPORTS**

TENNIS LESSONS/ PRIVATE CLINICS

Private and Group lessons are available for Raquet Sports by contacting the Tennis Professional of your choice!

HEAD PROFESSIONAL

Private: \$90 per hour

Semi-private:

- 2 players \$50 ph/pp
- 3 players \$35 ph/pp
- 4-5 players \$27 ph/pp
- 6 players \$24 ph/pp

ASSISTANT PRO

Private: \$80 per hour

Semi-private:

- 2 players \$45 ph/pp
- 3 players \$35 ph/pp
- 4-5 players \$27 ph/pp
- 6 players \$24 ph/pp

PICKLEBALL LESSONS/ PRIVATE CLINICS

Clinics/Lessons: \$24 ph/pp

Private: \$90 ph/pp

Semi-private:

- 2 players \$45 ph/pp
- 3 players \$35 ph/pp

FOR USTA TOURNEYS

2023 Tournament Dates TBD

Please visit Tennislink.com to view all of our USTA tennis tournaments.

TENNIS/PICKLEBALL BALL MACHINE

Tennis: Court fee plus \$15

Pickleball: \$20 per hour

Unlimited yearly ball machine passes are available for \$250 for Members.

TENNIS/PICKLEBALL COURT RESERVATIONS

Tennis: Indoor courts are \$28/hour and may be reserved for a minimum of 30 minutes and maximum of 90 minutes. Reservations must be made on the members only website or Flying Horse App, and may be made no more than 7 days prior to play. Outdoor courts are free for Members.

Pickleball: We have four outdoor and four indoor pickleball courts. Courts are available on a reservation basis. Reserve your court time through the Members-Only website or use the Flying Horse App.

TENNIS/PICKLEBALL NON-MEMBER COURT FEES

Non-Members will be charged a \$35 fee for use of the indoor or outdoor courts. Credit Card payment in advance applies.

ANNUAL UNLIMITED INDOOR TENNIS COURT PASS

If you are interested in getting a pass, please contact Kelly Baker at 719-487-2626 or you may email him at: kbaker@FlyingHorseClub.com

CANCELLATION POLICY

Please provide any cancellation by 5pm the day before your lesson to avoid the lesson fee being charged.

If canceling the day of your lesson and you are able to reschedule for the same week based on Pro's availability, you will avoid the lesson fee.

PARTIES & EVENTS

We offer birthday parties, corporate racquet sports outings, and coming soon, stay and play tennis and pickleball packages for out of town guests! Who wouldn't want to experience the splendor of The Club at Flying Horse? Featuring our indoor French Open style red clay courts, 5 star accommodations and dining in the shadow of the front range with activities too countless to mention.

THE PRO SHOP

Racquet Customization Labor

- Stringing \$20
- Guard replacement \$40

String Menu:

- Multifilament \$40
- Polyester \$40
- Synthetic Gut \$36

Tennis Equipment:

- Balls \$7
- Overwraps (pack of 3) \$12
- Replacement Grips \$15
- Demo Racquets \$7

Junior Racquets (ask your pro)

Pickleball Equipment:

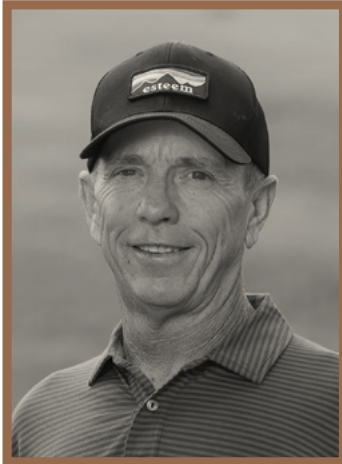
- Paddles \$130-\$180
- Demo Paddles \$10

Special Orders

- Racquets, equipment, paddles, and shoes

Professional Staff

**RACQUET
SPORTS**



KELLY BAKER

Head Racquet Sport Professional
kbaker@FlyingHorseClub.com | 719-487-2606

Kelly comes to us with years of experience as the Director of Tennis at country clubs around the nation to include Missouri, Pennsylvania, Texas, South Carolina and Oregon. He has lead tennis at The Duke Faculty Club and The Penn State Tennis Center. He is an Elite Professional with U.S.P.T.A and also served as a U.S.T.A verifier in the past. Kelly is a passionate advocate for using tennis and pickle ball as a means to live a longer, healthier life, and looks forward to running a well-rounded program with something for all levels.

Kelly has a unique style of teaching, a combination of technique and strategy that is often presented in fun games-based activities, tailored to the person/group that he is helping. His wealth of knowledge, experience and passion on and off the court will be a tremendous asset to our Tennis and Pickleball programming as he leads our operation.

Kelly has been married to Roan, his "better half" for 16 years. Roan is a horse trainer, artist, and avid tennis player. The Bakers are very excited to be a part of the Flying Horse family!!



JON LANSING

Tennis Teaching Professional
jlansing@FlyingHorseClub.com
719-487-2626

Jon Lansing is from Cedar Rapids, Iowa and a graduate from Coe College, where he played Varsity Tennis and received his Bachelor of Arts in Economics and Religion. Jon has worked as a Tennis Coach at the Cedar Rapids Country Club coaching both children and adults. Jon's holistic approach to the game is appealing to all levels of play, allowing him to adapt to each individuals style of play.



GEORGE LEE

Pickleball Professional
CERTIFIED, LEVEL 2 - IPTPA
International Teaching Professional Association
pickleballgeo@gmail.com
719-661-8926

George is an avid pickleball player, a valued Member at The Club at Flying Horse, and a wealth of pickleball information. He has instructed over 300 players over the past 5 years!

ADDITIONAL CONTACTS:

JAMIE BEARD - Athletic Club Director
jbeard@flyinghorseclub.com